Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Tuesday 04 Jul 2023 until 23:59 on Wednesday 05 Jul 2023

Forecast Issued on Monday 03 Jul 2023 at 16:12 by Met Office Aberdeen

Confidence: Generally high confidence. Moderate confidence for wind strength and timing of rain later Thursday, Friday and Saturday.

Headline for Tuesday 04 Jul 2023: Overnight rain clearing to sunny spells and a few showers.

Mountain weather hazards on Tuesday 04 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Fog	Sunny intervals	Light rain showers	Sunny intervals	Sunny intervals	Partly cloudy (night)
Precipitation probability							
90%	90%	20%	10%	20%	20%	<05%	<05%

Forecast for Tuesday 04 Jul 2023

Weather: Outbreaks of rain through the early hours. Most ranges turning dry by dawn, with rain over Arran clearing soon after. The some bright or sunny spells and scattered mainly light showers. A mostly dry evening with sunny then clear spells.

Chance of cloud-free hill tops above 800m: 20% early morning, soon rising to 80%

Low Cloud and visibility: Generally good visibility. Extensive cloud down to lower slopes through the early hours, gradually lifting from the north soon after dawn. Patchy cloud above 1200m through the rest of the day, occasionally lowering to 1000m in showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Tuesday 04 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	20/24 SW	13/16 NW	11/14 N	9/12 N	11/15 NW	12/18 W	12/17 NW	9/11 NW	7/9 NW
900	15/20 W	10/13 NW	8/11 N	7/10 N	9/13 NW	10/15 W	10/15 NW	7/10 NW	5/7 NW
600	15/19 SW	9/12 W	7/10 N	6/9 N	8/13 NW	10/15 NW	10/15 NW	7/9 W	5/7 SW
300	9/14 SW	5/8 NW	4/7 NW	5/8 NW	8/13 NW	8/14 W	9/16 NW	4/8 NW	3/5 SW
Glen	6/13 SW	5/8 W	4/7 NW	5/9 NW	9/15 NW	10/18 NW	10/18 NW	5/11 NW	4/7 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	4/-1	3/-1	3/-1	2/-1	4/-0	4/-1	3/-1	2/-1	2/-1
900	6/2	6/3	5/3	6/4	8/5	8/5	7/4	5/3	5/3
600	8/5	8/5	8/5	8/7	10/8	10/8	9/7	8/6	7/6
300	10/8	10/9	10/9	11/10	12/11	12/11	12/10	10/9	8/8
Glen	12/11	11/11	12/11	13/13	15/13	15/13	14/12	12/11	10/9
Freezing Level*	2000m	2000m	1700m	1600m	1600m	1600m	1600m	1500m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Moderate UV levels, sun protection recommended. Best of the sunshine in the west late afternoon and early evening.

Forecast for Wednesday 05 Jul 2023

Weather: Dry with some clear spells through the early hours. Cloud builds from the west from dawn with scattered showers along the coast, becoming widespread by mid-morning. Showers turning heavier in the afternoon. Further light rain or showers in the evening.

Maximum wind: Southwest becoming Southerly 5-10 mph, with occasional gusts of 15-20 mph near heavy showers.

Chance of cloud-free hill tops above 800m: 60%

Low Cloud and visibility: Good visibility outside areas of low cloud, briefly reducing in passing showers. Cloud bases 900-1000m.

Temperature: **Glens:** Plus 8 Celsius rising to 15 Celsius
At 800m: Plus 5 Celsius rising to 8 Celsius
Freezing level: Above the summits.

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